



CRONULLA TRIATHLON CLUB
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CLUB CAPTAIN'S REPORT - SEASON 2023/2024 – ADAM STROUD

Thanks to all members for supporting me in the role of club captain throughout the season, it has been an honour to represent the club and its members in this way.

It has been a successful year, together as a club I think we have achieved a lot, which is not to say there is not more work to do, to further attract people to participate in our great sport and be part our club.

Cronulla and the shire are the spiritual home of Triathlon in Australia, as the club enters its 40th year, I call on each member of this great and historic club, to remain engaged, have a say and be part of shaping the club, and to enjoy but help others to enjoy the benefits from being a part of Team Cronulla.

Areas of focus and achievement for the season

- Establish Monday night bike squad training for adults
- Aus Triathlon Foundation coaching licence accreditations
- Help support the efforts of swim, bike and run captains
- Be visible and attend club events and races as possible
- Engage with members through social media
- Actively participate in committee meetings, when possible, throughout the year
- Actively support Club Championship, coordination, and proceedings
- Welcome all new members to the club
- Seek opportunities to improve member engagement across the board.

Other points to note

Congratulations to all members who have participated in their first triathlon through the last season, each novice that comes along and gives it a go, provides us all with inspiration and drive, well done.

Congratulations to the record numbers of club members who have qualified for the Kona, Nice, Taupo, and Townville world championships. Enjoy the opportunity to represent the club, yourself, and your country on the world stage.

Next year the world championships will come to our doorstep in Wollongong, October 2025, it is the opportunity for the club to take its biggest team every to a single championship.

TRAIN. RACE. BELONG.

Being on our doorstep its going to be the cheapest opportunity for most of us will get to represent our country. If you need help to understand the qualification process, we can help.

Key people for me to thank:

Adam Hummerston, not limited to just the following but Adam continues to do heaps to make the club tick, in his role as BBQ and Facilities manager, Swim Captain, Club Triathlon RD, Foundation coach and facilitation of Monday night bike squad.

Lyn Atkins, not limited to her role as president, Lyn does much more, such as being a Foundation coach and facilitation of Monday night bike squad with Adam and me.

Daneil Acosta, being club run captain thus turning up every Wednesday night come rain or shine, inclusive of the annual Christmas run, and at the same time being a young father, and racing Ironman world championships in Nice.

Hendrik Frentrup, club bike captain and coordination of the annual Roberston ride and KOM event. In a year that he two raced the Ironman world championships in Nice.

John Meacham, for being at the club most Wednesday evenings to welcome all members either new or returning, his passion for the sport and the club is second to none, and this comes to the fore in the enthusiasm he brings to his role in coordinating club championships in May.

Many thanks to you all.