



CRONULLA TRIATHLON CLUB  
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## **PRESIDENT'S REPORT - SEASON 2023/2024 – LYN ATKIN**

This month marks the end of the second year of my tenure in this role. I have been privileged to have continued in the role of President for the past 12 months. I am grateful for the support and advice given to me by the Committee members, the Club Support positions and members and friends in the sport. Our club runs on volunteers who give up their time. They do this for the love of the sport of triathlon, and all while managing family life, careers and training for their own events. I cannot thank enough all who have volunteered in some way over the past 12 months, without you, this club wouldn't happen.

However it is time for me to hand over the reins to the next President. The coming 12 months will see me out of the country travelling overseas and also out of home travelling interstate for quite some time. The club needs to have someone to be here, not absent and this has been one of the factors in my decision to stand down from the President's role. I have immensely enjoyed being very involved in the club, I love the coaching aspect and hope to continue in this capacity and in a lessor role on the Committee going forward.

I would also like to thank our generous sponsors Endeavour Cycles, The Running Company – The Shire, Southern Sports Podiatry, Lifestyle Physio, TuneUp Health, and Kim Mason - Cronulla Travel Manager for their ongoing sponsorship and support of the Club. I was also very excited to welcome Cronulla RSL on as a sponsor of the club and for their generous support of our juniors. This has enabled us to purchase two new loan bikes and ten new junior tri suits to give the parents of our junior athletes support for their children in our sport.

The committee remains focused on living the club values of TRAIN / RACE / BELONG.

I would like to formally thank Adam Stroud who since taking on the role of Club Captain last year has given me a huge amount of support.

Thank you all for the privilege of having been your President for the last two years.

### **TRAIN**

The Wednesday night club run continues to be popular, more so in summer than in winter, but the stalwarts turn up every week in winter to run rain, hail or shine!! The run is the drawcard for new members, who hear about the club, turn up and then convert to members. We have welcomed a number of new members to our Wed night club run this

**TRAIN. RACE. BELONG.**

year. Thanks to Daniel Acosta who took on the role of Club Run Captain. He has brought his own style to the run and our members look forward to this run each week.

Friday night swims have continued during daylight savings and continue to be well attended. Thank you, Adam Hummerston - Hummo, I know that everyone has felt welcome at the Friday night sessions.

The annual Robertson ride took place, run by Hendrik our Bike Captain. Thanks to all who rode and those who manned the support car.

Monday night adult bike (skills) sessions that were established by Erica Galea, our Head Coach last year have evolved. Whilst new members can still attend to hone their skills in a safe environment, the sessions now also cover bike fitness, transition skills, nutrition etc. Thank you to Hummo and Adam Stroud for continuing these sessions.

The Stu Ford Time Trials continue to be held. Unfortunately, the kick-off event in May this year was rained out, but June's was successfully held after a week of wet weather. They will continue through to November.

## RACE

Richie Walker Aquathlon was successfully held for another year, thanks to the leadership of Ian Ross who was the Race Director. RWA also had the title of NSW Triathlon State Aquathlon Championship and athletes from all over the state attended. We raised over \$4000 for the Heart Foundation again.

Whilst we did not have a permanent Race Director this year, a huge thanks to Hummo who ran 6 club triathlons over the summer. Our members love these events, and they are a great introduction to triathlon racing.

Hummo has also established a new series "Monday Night Under Lights" a club duathlon being held on Monday nights during Winter. The first event in May was very popular and I'm sure this event is only going to get bigger.

External race participation has been on the increase, and we have had some fantastic results and have a number of athletes representing the Club at World IM 70.3 and IM World Champs in both Nice and Kona.

A contingent of approx. 70 junior and senior competitors headed north to Forster for the NSW Club Championships again this year. We also had a number of volunteers and 4 technical officials at Club Champs as well. It was a little warmer this year than last year. Everyone raced really well (as always) with the Juniors taking out 1st place in the Junior

category after sitting in second position for a number of years. Very exciting for our club and an outcome due to all the hard work that the junior coaches put in. The Seniors again came 3rd in Div 1. Our pizza and beer party before the official presentation at Club Forster was a great hit as always. Thanks to John Meacham for marshalling the troops and thank you to all who made the trek north to Forster.

## BELONG

Our branding is highly visible and club attire is worn with pride by our athletes. It is clearly evident when Cronulla is competing at an event, our colours stand out. Junior also wear our club colors, benefiting from the tri suit loan program. Our new visors and caps were a big hit at Club Champs

In terms of membership, membership has again continued to increase after COVID, but not in the numbers hoped for. Our membership has plateaued somewhat. The membership in the sport continues to be a concern that is visible to AusTri and NSWTri and both organisations have employees in place working to address the membership issue.

## JUNIORS

Our Junior program continues to grow from strength to strength. Cronulla Tri Club's Junior program is acknowledged by TriNSW as the leading junior program in NSW. This is testament to the leadership provided by our head coach, Erica Galea, and her team of coaches, Deb Davidson, Deb Fransen, Stephanie Chandler and Kim Mason. Steph Chandler took on the Junior Co-ordinator role this year and also invested additional time in junior coaching. Thank you to all the coaches and people who assist in ensuring the juniors receive high quality coaching.

Thanks all, signing off.